

Suggested Prayer for Inner Vows

Dear Lord,

Forgive me for believing the lie (_____). I bring this to the Cross and ask for you to forgive me for believing this. I ask that you break every structure that was built around this lie and that you will replace it with the truth of Your Word. I pray that my soul will no longer remember this lie or function with it but that I will now function with the truth. Thank you for the blood of Christ that cleanses me from all my sin and thank you for Holy Spirit who leads me and directs my steps. Help me Lord to pull down the lies in my mind, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ (2 Cor. 10:4-5).

If there is a prayer counselor with you or another believer with you, they can pray this; or you can pray this if there is no one else helping you:

Lord, thank you for forgiving _____ for this lie. Thank you that you are removing it from his/her memory and replacing it with the truth of Your Word. By the authority that is in Jesus Christ, I break this lie at its very root and ask that you destroy every structure that held it in place. Thank you that you are replacing this lie with your truth and that you love and embrace your son/daughter who you created in Your image. Bless them and hide them from the enemy and I declare that “No weapon formed against them shall prosper and every tongue which rises against the in judgment You shall condemn” (Isaiah 54:17). Thank you, Lord.

The next step is to find scriptures that support the truth opposite of the lie. It is very helpful to memorize the scripture, so it becomes part of your being. For instance, if the lie you once believed was, *I will not amount to anything*, a possible scripture for you to memorize would be: **Jeremiah 29:11: “For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.”**